

2-7-2024

Action Plan: Gym Cleanliness at the Jaeger Center

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Recommended Citation

O'Connor, Blair A., "Action Plan: Gym Cleanliness at the Jaeger Center" (2024). *CAFE Symposium 2024*. 6. <https://cupola.gettysburg.edu/cafesymposium2024/6>

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Action Plan: Gym Cleanliness at the Jaeger Center

Abstract

I have created an action plan to assess current patrons' satisfaction with the cleaning materials provided at the Gettysburg College Jaeger Center, and increase the amount or variety if the need is there. Due to a combination of behaviors and bacteria in the Jaeger Center, gym users are at risk of contracting infections. The objective of this plan is for gym users to feel more empowered and safe in their environment. While there may be individuals who feel like increased disinfecting efforts and supplies are not necessary at the Jaeger Center, what may not be a concern for one person could be a barrier for someone else. The main component of the action plan is a user survey; the objective of the survey is to determine the best result for all parties involved, not just myself. All in all, I hope the conclusion of the action plan will result in a happier, healthier, and safer Gettysburg College community. This poster aims to present the plan in a concise and visually pleasing way, it was presented at the Gettysburg College CAFE Symposium in February 2024.

Keywords

Gym equipment, jaeger center, gym cleaning, disinfecting, infections

Disciplines

Design of Experiments and Sample Surveys | Public Affairs, Public Policy and Public Administration

Comments

This poster was created based on work completed for FYS 108-1: Change Agency and Activism, and presented as a part of the ninth annual CAFE Symposium on February 7, 2024.

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Action Plan: Gym Cleanliness at the Jaeger Center

Blair O'Connor FYS: Change Agency & Activism

My LinkedIn



The Problem

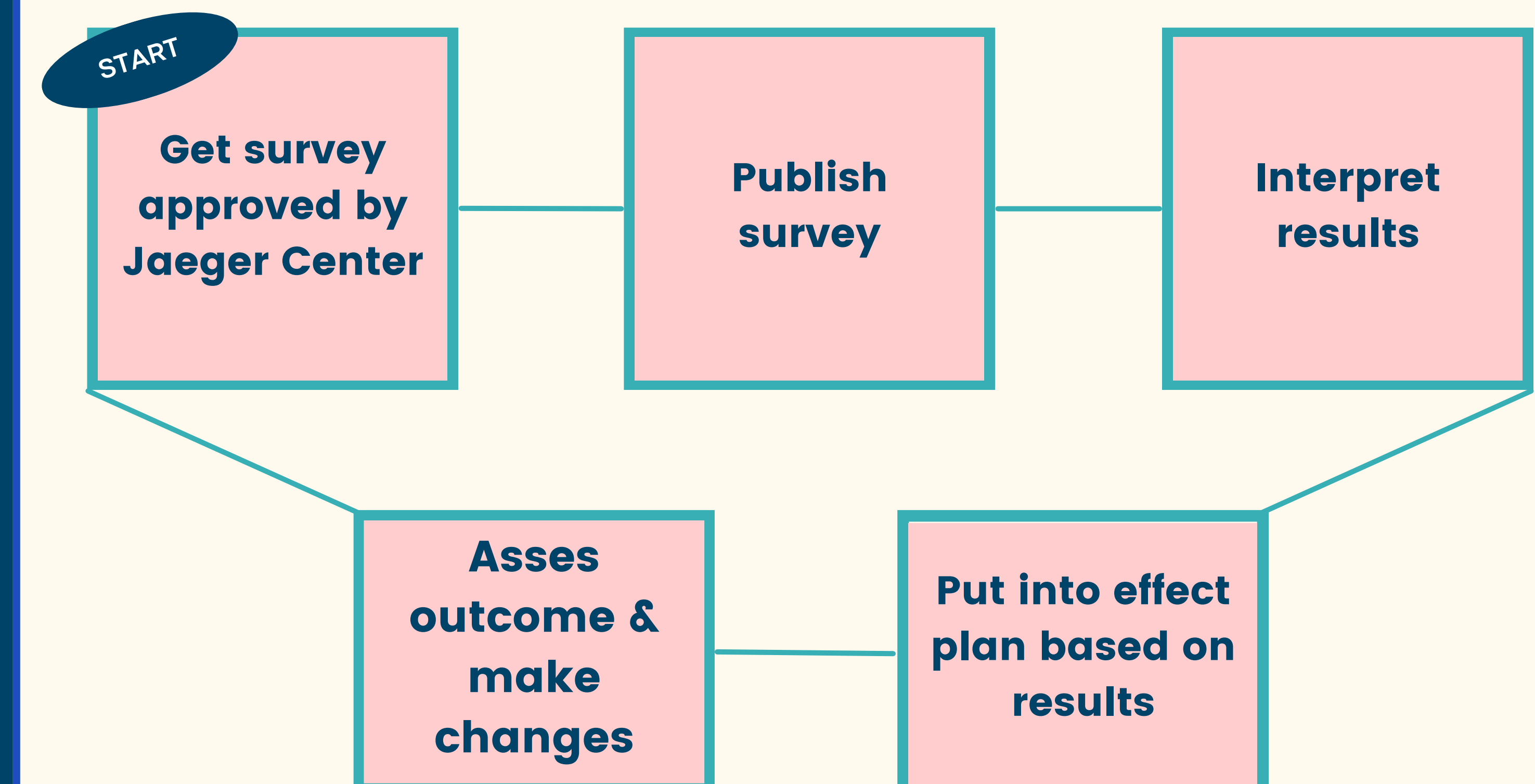
Due to a combination of behaviors and bacteria in the Jaeger Center, students are at risk of contracting infections.

1. People not cleaning equipment before/after use.
2. On average, free weights contain 362x the amount of germs found on toilet seats (Examining Gym Cleanliness, n.d.).
3. Risk, however minimal, is always present.

Goals

- Create gym environment based on needs/preferences of Jaeger Center users.
- Further cultivate an inviting, safe, and clean space.
- Providing materials/services to accomplish these goals, if warranted.

Action Plan Cycle



User Input - Google Form

1. Role at Gettysburg College
2. What type of equipment do you use?
3. Do you disinfect the equipment types you use?
4. Why do/don't you disinfect equipment?
5. Preferred method of disinfecting?
6. Does the Jaeger Center supply adequate supplies?
7. Additional comments



Scan to view full form :)

Survey Outcomes

- Cleaning occurring only with certain equipment
- "I don't care" results
- "Forget to" disinfect results
- Assuming equipment is already clean
- Cleaning takes too much time
- Specific demographics



Acknowledgements

Dr. Anne Douds - FYS Professor
Marisa Conners - FYS Peer Learning Associate
Annette Hunt-Shepherd - Jaeger Center Director
Dani Fritchman - Gettysburg College Student Athlete
Musselman Library Research Assistants



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7 Infections You Can Catch at the Gym. (n.d.). Health. Retrieved September 17, 2023, from "health.com/condition/skin-conditions/."

REMINDER:
**PLEASE
CLEAN
EQUIPMENT**

GET GAINS, NOT GERMS :)

Cleaning Reminder Signage