



11-9-2016

## Mesenteric Vascular Dysregulation and Intestinal Inflammation Accompanies Experimental Spinal Cord Injury

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### Recommended Citation

Besecker, Emily Swartz, Gina M. Deiter, Nicole Pironi, Timothy K. Cooper, and Gregory Michael Holmes. "Mesenteric Vascular Dysregulation and Intestinal Inflammation Accompanies Experimental Spinal Cord Injury." *American Journal of Physiology-Regulatory, Integrative and Comparative Physiology* (2016).

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# Mesenteric Vascular Dysregulation and Intestinal Inflammation Accompanies Experimental Spinal Cord Injury

## Abstract

Cervical and high thoracic spinal cord injury (SCI) drastically impairs autonomic nervous system function. Individuals with SCI at thoracic spinal-level 5 (T5) or higher often present cardiovascular disorders that include resting systemic arterial hypotension. Gastrointestinal (GI) tissues are critically dependent upon adequate blood flow and even brief periods of visceral hypoxia triggers GI dysmotility. The aim of this study was to test the hypothesis that T3-SCI induces visceral hypoperfusion, diminished postprandial vascular reflexes and concomitant visceral inflammation. We measured in vivo systemic arterial blood pressure and superior mesenteric artery (SMA) and duodenal blood flow in anesthetized T3-SCI rats at 3 days and 3 weeks post-injury either fasted or following enteral feeding of a liquid mixed-nutrient meal (Ensure™). In separate cohorts of fasted T3-SCI rats, markers of intestinal inflammation were assayed by qRT-PCR. Our results show that T3-SCI rats displayed significantly reduced SMA blood flow under all experimental conditions ( $p < 0.05$ ). Specifically, the anticipated elevation of SMA blood flow in response to duodenal nutrient infusion (postprandial hyperemia) was either delayed or absent after T3-SCI. The dysregulated SMA blood flow in acutely-injured T3-SCI rats coincides with abnormal intestinal morphology and elevation of inflammatory markers, all of which resolve after 3 weeks. Specifically, Icam1, Ccl2 (MCP-1) and Ccl3 (MIP-1 $\alpha$ ) were acutely elevated following T3-SCI. Our data suggest that arterial hypotension diminishes mesenteric blood flow necessary to meet mucosal demands at rest and during digestion. The resulting GI ischemia and low-grade inflammation may be an underlying pathology leading to GI dysfunction seen following acute T3-SCI.

## Keywords

spinal cord injury, in vivo studies, inflammation, gastrointestinal dysmotility, ileus

## Disciplines

Anatomy | Medicine and Health Sciences



24 **ABSTRACT**

25 Cervical and high thoracic spinal cord injury (SCI) drastically impairs autonomic nervous  
26 system function. Individuals with SCI at thoracic spinal level 5 (T5) or higher often present  
27 cardiovascular disorders that include resting systemic arterial hypotension. Gastrointestinal (GI)  
28 tissues are critically dependent upon adequate blood flow and even brief periods of visceral  
29 hypoxia triggers GI dysmotility. The aim of this study was to test the hypothesis that T3-SCI  
30 induces visceral hypoperfusion, diminished postprandial vascular reflexes and concomitant  
31 visceral inflammation. We measured *in vivo* systemic arterial blood pressure and superior  
32 mesenteric artery (SMA) and duodenal blood flow in anesthetized T3-SCI rats at 3 days and 3  
33 weeks post-injury either fasted or following enteral feeding of a liquid mixed-nutrient meal  
34 (Ensure™). In separate cohorts of fasted T3-SCI rats, markers of intestinal inflammation were  
35 assayed by qRT-PCR. Our results show that T3-SCI rats displayed significantly reduced SMA  
36 blood flow under all experimental conditions ( $p < 0.05$ ). Specifically, the anticipated elevation of  
37 SMA blood flow in response to duodenal nutrient infusion (postprandial hyperemia) was either  
38 delayed or absent after T3-SCI. The dysregulated SMA blood flow in acutely-injured T3-SCI  
39 rats coincides with abnormal intestinal morphology and elevation of inflammatory markers, all  
40 of which resolve after 3 weeks. Specifically, *Icam1*, *Ccl2* (MCP-1) and *Ccl3* (MIP-1 $\alpha$ ) were  
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42 mesenteric blood flow necessary to meet mucosal demands at rest and during digestion. The  
43 resulting GI ischemia and low-grade inflammation may be an underlying pathology leading to GI  
44 dysfunction seen following acute T3-SCI.

45 **Keywords:**

46 spinal cord injury, *in vivo* studies, inflammation, gastrointestinal dysmotility, ileus

47 **Introduction**

48 In addition to the catastrophic sensory and motor losses following spinal cord injury  
49 (SCI), autonomic nervous system dysfunction is also widely recognized (30). Furthermore,  
50 gastrointestinal (GI) dysmotility is observed clinically immediately after SCI (28, 71) and may  
51 persist for years after the initial injury (3, 12, 14, 37, 53, 56, 70). Dysfunction of the digestive  
52 organs following experimental SCI includes reduced gastric motility and gastric emptying,  
53 abnormal response to GI peptides and reduced nutrient absorption. Each of these co-morbidities  
54 contributes to diminished long-term quality of life after SCI (43).

55 The principal functions of the GI tract, the digestion and absorption of nutrients and the  
56 maintenance of proper fluid balance, require adequate blood flow to GI tissues. The primary  
57 vascular perfusion occurs through the splanchnic vascular bed that consists of the celiac, superior  
58 mesenteric, and inferior mesenteric arteries (35). The distal esophagus, stomach and the proximal  
59 duodenum are vascularized by the celiac trunk which supplies three main branches: the left  
60 gastric artery, the common hepatic artery, and the splenic artery. The left and right gastric  
61 arteries are responsible for the lesser curvature, while the left gastroepiploic and right  
62 gastroepiploic arteries feed the greater curvature. The duodenum has a “dual” blood supply,  
63 arising from both the celiac trunk and the superior mesenteric artery (SMA). This vascular  
64 arrangement reflects the importance of blood supply, and the GI tract is one of the most highly  
65 perfused organ systems in the body whereby resting GI blood flow can reach approximately 20-  
66 25% of the total cardiac output (10).

67 Postprandial hyperemia, the global increase in blood flow to the GI tract following a  
68 meal, is a critical reflex for adequate GI function and has been demonstrated to result from the  
69 exposure of the intestinal mucosa to nutrients in concert with the release of GI peptides (11). The  
70 postprandial reflex involves a concurrent increase in blood flow through both the celiac and

71 superior mesenteric arteries (58). Multiple mechanisms responsible for postprandial hyperemia  
72 have been proposed including local presynaptic activation of vasodilation by nitric oxide release  
73 (48), vago-vagal reflex activation (33) and inhibition of medullary presympathetic vasomotor  
74 neurons by vagal afferent input (50).

75         Individuals with spinal cord lesions, particularly those rostral to T5, present with  
76 diminished sympathetic tone due to disruption of the descending fibers of the medullary  
77 presympathetic vasomotor neurons. Loss of these presympathetic vasomotor neurons provokes  
78 cardiovascular instability, arterial hypotension, and pooling of blood in the extremities that has  
79 been documented clinically (68) and experimentally (31). Vascular hypotension and pooling of  
80 blood in the extremities may predispose the GI tract to hypoperfusion following SCI.

81         Reduced GI blood flow over an extended period of time deprives GI tissues of the  
82 oxygen needed to maintain organ integrity (11). The resulting ischemia and restoration of  
83 adequate blood flow provokes a multifactorial tissue injury response including a) intercellular  
84 adhesion molecule-1 (*Icam1*) mediated increase in adherent leukocytes; b) upregulation of  
85 chemokines, particularly monocyte chemoattractant protein 1 (*Ccl2*); c) macrophage activation by  
86 macrophage inflammatory protein-1 $\alpha$  (*Ccl3*); and d) pro-inflammatory cytokines including  
87 tumor necrosis factor- $\alpha$ , interleukin (IL)1 $\beta$  and IL6 (19, 67).

88         In the present work, we employed our established rodent model of T3 spinal level SCI to  
89 investigate 1) if T3-SCI leads to reduced mean arterial blood pressure (BP) and reduced resting  
90 blood flow within the superior mesenteric artery supplying the mesenteric bed; 2) if T3-SCI  
91 diminishes postprandial vascular reflexes; 3) if local duodenal tissue perfusion increases in  
92 response to nutrient infusion; and 4) if T3-SCI provokes concomitant histopathologic changes  
93 and inflammation of the small intestine.

94

## 95 **Methods**

96 All procedures were performed following National Institutes of Health guidelines and  
97 under the approval of the Institutional Animal Care and Use Committee at the Penn State  
98 University College of Medicine.

### 99 *Animals*

100 Male Wistar rats (Hsd:WI, Stock 001, Harlan, Indianapolis, IN, USA)  $\geq 8$  weeks of age,  
101 initially weighing 175-200 g, were used for all experimental procedures. Rats (n=116) were  
102 housed in a temperature-controlled room (23°C) on a 12:12-h light-dark cycle with unlimited  
103 access to food and water. Following surgical manipulation, rats were housed singly and observed  
104 twice a day. Each rat was randomly assigned to one of two surgical manipulations; surgical  
105 controls (in which the T3 spinal cord was exposed by laminectomy) or T3-SCI. At the same  
106 time, animals were also randomly assigned to one of two post-surgical survival times.

### 107 *Surgical Procedures and Animal Care*

108 Animals were anesthetized with a mixture of 3-5% isoflurane in oxygen (400-600ml/min)  
109 and surgery for T3-SCI using the Infinite Horizons device was performed using established  
110 aseptic surgical techniques. When the rat was no longer responsive to toe pinch or palpebral  
111 reflex, the surgical site overlying the vertebrae from the interscapular region to mid-thoracic  
112 region was shaved and cleaned with three alternating scrubs of chlorhexidine and alcohol.  
113 Animals were maintained at 35.5–37.5°C on a feedback-controlled heating block, and rectal  
114 temperature was monitored continuously. The location of the elongated T1 and T2 spinous  
115 processes were determined by midline palpation. A 3-5cm midline incision of the skin overlying  
116 the T1-T3 vertebrae was performed and the muscle attachments to the T1-T3 vertebrae were

117 cleared by blunt dissection, taking care not to damage the vascular supply to the dorsal nuchal  
118 adipose tissue. Using fine-tipped rongeurs, the spinous process and the laminae of the T2  
119 vertebra were removed laterally to the superior articular processes.

120 Rats receiving T3-SCI (n=61) were transferred to the Infinite Horizons spinal contusion  
121 injury device (Precision Systems and Instrumentation, Fairfax, VA, USA). The adjacent T1 and  
122 T3 vertebrae were secured into the device and the torso of the animal was suspended slightly  
123 above the platform. After centering the exposed spinal cord beneath the impactor tip, a 300  
124 kDyne impact (15 second dwell time) was initiated. This level of injury produces a consistent  
125 and reliable neurological and histological outcome whereby animals exhibit a residual, chronic,  
126 locomotor deficit and severe loss of the spinal cord white matter. After removal from the  
127 contusion device, all surgical incisions were closed in reverse anatomical order with absorbable  
128 suture (Vicryl 4-0) for internal sutures and skin closure with wound clips. Wound clips were  
129 removed 5-7 days following surgery. Surgical controls (n=55) underwent all procedures except  
130 for the contusion injury. A total of 8 T3-SCI rats were lost from the study. Two rats died from  
131 unspecified surgical complications (one destined for 3 day *in vivo* physiology, one destined for 3  
132 week tissue harvest) and six rats (all utilized for 3 day *in vivo* physiology) were removed  
133 following *post hoc* verification of inadequate lesion severity.

134 Post-operatively, rats were administered supplemental fluids by subcutaneous injection of  
135 5cc warmed lactated Ringer's solution and stabilized in an incubator (37°C) until fully recovered  
136 from anesthesia. Afterward, animals were monitored daily for any signs of infection or  
137 complications from surgery. Rats received extended-release analgesics (buprenorphine SR,  
138 1mg/kg IP, Pfizer Animal Health, Lititz, PA) at time of surgery then antibiotics (enrofloxacin,  
139 2.5 mg/kg) and subcutaneous supplemental fluids (5-10 cc lactated Ringers) twice daily for five



140 days after surgery. Due to the reduction in locomotor capacity after T3-SCI, a reservoir of chow  
141 was placed at head level in order to facilitate ease of access for feeding. All T3-SCI rats ingested  
142 a measureable amount each day, thereby confirming that access to chow was available. Body  
143 weights and food weights were recorded each morning. T3-SCI rats received bladder expression  
144 and ventrum inspection twice daily until the return of spontaneous voiding occurred.

#### 145 *In vivo physiological instrumentation*

146 After 3-days (n=17 T3-SCI, n=18 control) or 3-weeks (n=5 T3-SCI, n=5 control)  
147 following the initial surgery, animals were fasted overnight, water provided *ad libitum*, prior to  
148 being deeply re-anesthetized with isoflurane (3-5%, 400-600ml/min flow rate) for *in vivo*  
149 physiological instrumentation. Animals were placed on a feedback-controlled warming pad  
150 (TCAT 2LV, Physitemp Instruments, Clifton, New Jersey) and maintained at  $37\pm 1$  °C for the  
151 duration of the experiment.

152 Tracheal cannulation - Once fully anesthetized for physiological instrumentation, the  
153 animal was tracheally intubated by way of a 1-2-cm midline incision on the ventral side of the  
154 neck caudal to the mandible towards the sternal notch. The underlying strap muscles were  
155 separated using blunt dissection at the midline to expose the trachea. The exposed trachea was  
156 isolated from the underlying esophagus in order to place a loop of 3-0 ethilon suture between the  
157 trachea and esophagus to form a ligature. The trachea was opened ventrally by making a small  
158 cut in the membrane between two of the cartilaginous rings of the trachea just inferior to the  
159 thyroid gland. A small piece of polyethylene tubing (PE-270, 5mm in length and beveled at one  
160 end) was inserted into the trachea and secured in place with the ligature. The strap muscles were  
161 returned to their proper anatomical location and the overlying skin was secured around the

162 tracheal tube with 3-0 ethilon. Tracheal intubation maintains an open airway and facilitates  
163 clearing of respiratory secretions if necessary.

164 Femoral arterial and venous catheterization - Following intubation, the femoral artery and  
165 adjacent vein or tributaries were exposed, within the region of the femoral triangle, via a small  
166 skin incision at the intersection of the inguinum and proximal thigh. Connective tissue was  
167 cleared from the femoral artery and vein proximally to the inguinal ligament. The proximal and  
168 distal extremes of the exposed artery were gently ligated with 4-0 silk suture. To monitor arterial  
169 blood pressure, the femoral artery was hemisected and a sterile PE-50 catheter was inserted in  
170 the direction of the abdominal aorta towards the heart. In order to avoid disrupting the arterial  
171 endothelium, thus potentially confounding arterial pressure readings, the femoral catheter  
172 pressure was advanced so that it terminated in the larger diameter common iliac or in the  
173 descending aorta where chance of disrupting the endothelium is reduced. The proximal end of  
174 the artery and catheter were fully secured with the 4-0 silk suture and exteriorized. The wound  
175 margin was closed with wound clips.

176 Transonic flow probe - Animals were simultaneously weaned off isoflurane inhalation  
177 and deeply anesthetized with thiobutabarbital (Inactin; Sigma, St. Louis, MO; 75-150 mg/kg i.v.)  
178 which does not affect long-term cardiovascular (7) or gastrointestinal (45) autonomic function.  
179 The rate of Inactin infusion was monitored in conjunction with a resulting momentary drop in  
180 arterial BP that quickly returns to normal (SYS-BP1, World Precision Instruments, Sarasota,  
181 FL). Once a deep state of anesthesia was achieved, a midline laparotomy was made and the  
182 intestines were gently displaced laterally to allow the exposure of the abdominal aorta at the  
183 level of the left renal artery. The SMA was carefully cleared of connective tissue immediately  
184 distal to where it passed over the caudal vena cava to allow for the perivascular flow probe (1PR,

185 Transonic Systems, Inc. Ithaca, NY) to be positioned alongside the artery so as not to restrict  
186 blood flow.

187 In animals that were to receive duodenal infusion of a liquid mixed-nutrient meal  
188 (Ensure™), a PE-90 catheter was inserted into the proximal duodenum through a small incision  
189 in the stomach adjacent to the pylorus and secured with a purse-string suture prior to positioning  
190 the perivascular flow probe around the SMA. The Ensure™ was delivered through the catheter  
191 by way of a syringe driven by a syringe pump (Razel R99-E, Fisher Scientific) set at an infusion  
192 rate of 1 ml/hr.

193 Laser Doppler flow probe – After placement of the Transonic flow probe and duodenal  
194 catheter the retracted viscera were returned to the proper anatomical location. In a subset of the 3  
195 day animals that were simultaneously implanted with the Transonic flow probe (n=8 T3-SCI,  
196 n=6 control) and for all 3 week animals that were implanted with the Transonic flow probe (n=5  
197 T3-SCI, n=5 control as enumerated above), a laser Doppler flow probe (BLF22, Transonic  
198 Systems, Inc. Ithaca, NY) was positioned in close contact with the mesenteric border of the  
199 duodenum immediately distal to the region where the tip of the implanted catheter terminated.  
200 Once a stable reading was achieved from the flow probe, the incision was closed around the  
201 implanted flow probe and the skin loosely secured with stainless steel wound clips. Animals  
202 were allowed to stabilize for 1 hour before data collection was initiated.

### 203 *Blood Flow Analysis*

204 At the initiation of the stabilization period, the femoral arterial catheter was attached to a  
205 pressure transducer (BP-1, World Precision Instruments, Sarasota, FL). Data from the flow meter  
206 (T206, Transonic Systems, Inc. Ithaca, NY), blood pressure monitor and laser Doppler flow  
207 probe was continuously recorded to computer (Spike 2, Cambridge Electronic Design,

208 Cambridge, UK). Flow probe signals were filtered at 0.1-10Hz and converted to blood flow in  
209 ml·min<sup>-1</sup> and normalized for body weight. The mean percent change in Doppler output from  
210 baseline was calculated for each experimental manipulation. The effect of duodenal infusion was  
211 compared to the average blood flow rate of the 10 min preceding the infusion. Peak flow rate  
212 was calculated as the highest achieved value during the 1 h following the infusion.

### 213 *Tissue Harvest*

214           Gastrointestinal tissue - Rats were deeply anesthetized with isoflurane until non-  
215 responsive to toe pinch. Quickly, the rats were decapitated and the abdomen was opened via a  
216 midline incision. GI tissue (stomach and proximal duodenum) was taken at 1, 3, 7 days, or 3  
217 weeks following T3-SCI or post-control surgery (n=8 per group with one 3 week SCI mortality  
218 as noted above). Following GI tissue isolation, a small tissue sample from both the stomach and  
219 duodenum, each weighing approximately 200 mg, was removed and placed in aluminum foil and  
220 immediately frozen in liquid nitrogen then transferred to a -80°C freezer until used for qRT-  
221 PCR. In the same animals, an adjacent section of GI tissue was removed (as above) and placed in  
222 room temperature 10% neutral buffered formalin (NBF) for histological processing.

223           At the conclusion of *in vivo* physiological experiments, deeply anesthetized rats were  
224 transcardially perfused with heparinized phosphate-buffered saline (PBS) until fully  
225 exsanguinated and followed immediately with PBS containing 4% paraformaldehyde. The spinal  
226 cord encompassing the lesion level was removed and refrigerated overnight in PBS containing  
227 20% sucrose and 4% paraformaldehyde.

### 228 *Histological Processing*

229           Intestine – Formalin fixed tissue from the duodenum 1cm distal to the pylorus were  
230 processed in an automated Tissue-Tek VIP processor and paraffin-embedded with a Tissue-Tek

231 TEC embedding station (Sakura Finetek USA, Torrance, CA). Sections were cut at 6  $\mu\text{m}$  for  
232 routine hematoxylin and eosin (H&E) staining.

233 Intestinal sections were examined by an American College of Veterinary Pathologists  
234 diplomate blinded to treatment (author TKC). All images were obtained with an Olympus BX51  
235 microscope and DP71 digital camera using cellSens Standard 1.6 imaging software (Olympus  
236 America, Center Valley, PA).

237 Multiple (3-6) random tissue sections were quantified as described previously (20) and  
238 the following measures determined: 1) Villus height and width; 2) Crypt depth and width; and 3)  
239 Villus:Crypt height ratio was calculated. In each case, 10 independent measurements for each  
240 variable were collected from at least 3 different intestinal sections. Semi-quantitative  
241 measurements of inflammation scoring were made on a modified scale (Table 1; adapted from  
242 (2) and (4)).

243 Spinal cord lesion center - For histological staining of T3-SCI lesion extent, tissue was  
244 sectioned (40 $\mu\text{m}$  thick) and alternating sections were mounted on gelatin coated slides. To  
245 compare lesion severity with the spinal cords of control animals, spinal cord sections were  
246 stained with luxol fast blue (LFB) to visualize myelinated fibers. LFB-stained slides were  
247 digitally imaged on a Zeiss Axioscope light microscope and AxioCam CCD camera, imported  
248 into Adobe Photoshop and contrast digitally adjusted to allow consistent identification of LFB-  
249 stained (i.e., spared) white matter. For individual images, the boundaries of the tissue slice were  
250 outlined to determine cross-sectional area. A separate threshold histogram was generated and the  
251 pixels corresponding to LFB staining above background were selected. These pixels were  
252 quantified and expressed per unit cross-sectional area (38). The lesion epicenter was defined as  
253 the section with the least proportion of LFB-stained tissue. The proximity of the T3 lesion center

254 to the cervical enlargement precluded an appropriate determination of spinal cord cross-sectional  
255 area in undamaged tissue rostral to the injury (i.e., damaged tissue extended into the cervical  
256 enlargement as described in (60). Therefore, it was necessary that the cross-sectional area of the  
257 intact spinal cords at T3 of comparably sized animals be determined for normalization purposes.  
258 LFB-stained myelin in injured tissue was then expressed as a percent of the total spinal cord  
259 cross-sectional area as would be predicted by the intact tissue.

260 Based upon previous reports (52, 61, 62) we determined *a priori* that animals sacrificed 3  
261 days following surgery in which LFB staining at the lesion epicenter accounted for  $\leq 25\%$  of the  
262 region occupied by white matter would be categorized as severe spinal injury; those with  $\geq 25\%$   
263 LFB staining were excluded from further analysis (n=6 T3-SCI rats met this criterion). This  
264 criterion is based upon the observation that considerable LFB-staining remains within the lesion  
265 center in the 1-3 days following injury, though the majority of the LFB-stained tissue likely  
266 consists of remaining myelinated axons as well as myelin debris in a loose fibrous matrix as  
267 reported previously (62). Historically, our animals with the same 300 kdyne injury that are  
268 sacrificed 3 weeks after injury display  $\leq 5\%$  of LFB staining above threshold as the lesion center  
269 is clear of cellular debris. After 3 weeks any remaining LFB staining is usually confined to a thin  
270 band within the ventrolateral white matter in a manner consistent with previous reports  
271 characterizing a 200 kdyne injury level (52).

#### 272 *RNA Isolation, Reverse Transcription Reaction and qRT-PCR*

273 Quantitative reverse transcriptase PCR (qRT-PCR) was used to quantify the level of  
274 inflammatory mediators present at the assigned time points. Tissue sections from the cranial  
275 gastric corpus and proximal duodenum were analyzed for intercellular adhesion molecule-1  
276 (*Icam1*), monocyte chemoattractant protein 1 (*Ccl2*), and macrophage inflammatory protein-1 $\alpha$  (*Ccl3*),

277 following T3-SCI and control surgery. Nomenclature is presented according to Rat Genome  
278 Nomenclature Committee guidelines (<http://www.informatics.jax.org/mgihome/nomen/gene.shtml>)  
279 along with more common, informal, usage. These particular molecules are commonly reported in  
280 the scientific literature and were selected as reliable biomarkers of gastrointestinal  
281 pathophysiology (see (19)).

282         Whole GI tissue sections were used for RNA isolation. A small section of GI tissue  
283 weighing 50-100 milligrams was cut away from the whole tissue section and used for RNA  
284 isolation. RNA was isolated using TRIzol (Invitrogen, Carlsbad, CA) and RNeasy Microkit  
285 procedures (Qiagen, Valencia, CA). Briefly, frozen tissue was homogenized in TRIzol using a  
286 glass homogenizer and Teflon pestle on ice, chloroform was added to lysate, and the mixture was  
287 centrifuged in microcentrifuge tubes to separate RNA. Ethanol was added to the upper aqueous  
288 phase, the mixture was applied to an RNeasy spin column and filtered by centrifugation. After  
289 several washes, the samples were subjected to an elution step using RNase-free water. Reverse  
290 transcription (RT) was conducted using the High Capacity cDNA Reverse Transcription Kit  
291 (Applied Biosystems, Foster City, CA). For RT, ~1  $\mu$ g of RNA from each sample was added to  
292 random primers (10 $\times$ ), dNTP (25 $\times$ ), MultiScribe reverse transcriptase (50 U/ $\mu$ l), RT buffer (10 $\times$ )  
293 and RNase Inhibitor (20U/ $\mu$ l) and incubated in a thermal cycler (Techne TC-412, Barloworld  
294 Scientific, Burlington, NJ) for 10 min at 25°C, then for 120 min at 37° C. Primers for *Actb* ( $\beta$ -  
295 actin) were a QuantiTect Primer Assay (Rn\_Actb\_1\_SG QuantiTect Primer Assay QT00193473,  
296 Qiagen, Frederick, MD). Primers for *Icam1*, *Ccl2* (MCP-1) and *Ccl3* (MIP-1 $\alpha$ ) were designed  
297 using Primer Express (Applied Biosystems, Foster City, CA). The forward and reverse primer  
298 pairs used for these studies are shown in Table 2.

299 For real-time PCR, SYBR Green 2× Master Mix (Qiagen), forward and reverse primers  
300 (100 μM), and RT product (1 μl of a 1:16 dilution) were added to a 384-well plate. The cycling  
301 parameters consisted of an initial 2-min incubation at 50°C, followed by 10 min at 95°C, then 15  
302 sec at 95 °C, a 30 sec annealing step at 55°C and a 30 sec extension step at 72°C (55 cycles). A  
303 dissociation step (15 sec at 95°C) was added following 55 cycles to determine specificity of  
304 primers. In this assay, the dissociation step confirmed the absence of nonspecific amplifications.  
305 Quantity of *Icam1*, *Ccl2* (MCP-1), and *Ccl3* (MIP-1α) mRNA was based on a standard curve and  
306 normalized to *Actb* (β-actin) mRNA (ABI QuantStudio 12KFlex with available OpenArray  
307 block, Applied Biosystems). The suitability of *Actb* as an internal control was assessed through  
308 analysis of the raw data between groups and no variability of *Actb* was detected.

#### 309 *Statistical Analysis*

310 Results are expressed as means ± S.E.M. with significance defined as  $P < 0.05$ . Body  
311 weight and MEI measurements from 3 day survival rats did not significantly differ from rats  
312 destined to survive 3 weeks. Therefore, these 3 day measures were collapsed for the within  
313 groups two-way ANOVA comparison followed by Tukey *post hoc* analysis. Between groups  
314 results from *in vivo* blood flow studies were compared by one-way ANOVA and Tukey *post hoc*  
315 analysis or paired *t*-test as appropriate. Group results from qRT-PCR were compared by between  
316 groups two-way ANOVA and Tukey *post hoc* analysis or paired *t*-test as appropriate. Statistical  
317 analysis was performed using SigmaPlot for Windows (SPSS Inc., Chicago, IL).

318

## 319 **Results**

320 *Assessment of T3-SCI histological severity, reduction of spontaneous feeding and loss of body*  
321 *weight*



322 The severity of experimental T3-SCI was verified based upon the reduction of LFB-  
323 stained white matter at the T3 spinal cord segment (Figure 1A). The percent area of white matter  
324 at the lesion epicenter of 3 day T3-SCI rats was significantly reduced in comparison to T3-  
325 control animals (Figure 1B;  $p < 0.05$ ). At three weeks, when the post-injury progression of the  
326 lesion epicenter has relatively stabilized and the lesion boundaries are more clearly defined (22),  
327 the percent area of white matter at the lesion epicenter of 3 week T3-SCI rats was significantly  
328 reduced in comparison to age-matched T3-control animals (Figure 1B;  $p < 0.05$ ). The data for  
329 control animals was pooled in Figure 1B for clarity. These data are comparable to the injury  
330 extent reported previously and indicate the severity of our injury model (44, 57, 60, 61).

331 At 3 days following surgery, the change in body weight between T3-SCI and control  
332 animals was  $-22.5 \pm 2.0\text{g}$  vs.  $1.2 \pm 1.5\text{g}$ , respectively. When normalized as percent of  
333 preoperative weight, T3-SCI rats displayed significantly greater weight loss than surgical  
334 controls for the comparable time period across the duration of the study (Figure 2A;  $p < 0.05$ ).

335 Regardless of ease of physical access to chow, spontaneous feeding is suppressed  
336 following T3-SCI when gastric motility is compromised. When normalized as the mean energy  
337 intake (MEI; defined as kcal/day/100 g body weight) the spontaneous feeding for T3-SCI  
338 animals in the present study was significantly lower than controls for every comparable time  
339 point until the third week of the study (Figure 2B;  $p < 0.05$ ).

340 As demonstrated in our previous studies (43, 44, 60), T3-SCI reduced the area of intact  
341 white matter, body weight and caloric intake. These data further verify the profound severity,  
342 effectiveness and reproducibility of our surgical procedures for T3-SCI and surgical control  
343 animals. Based upon these criteria, all animals in these groups were selected for further data  
344 analysis.

345

346 *Basal mean arterial blood pressure and mesenteric blood flow are decreased in T3-SCI rats*

347         Prior to the initiation of duodenal nutrient infusion, the baseline systemic mean arterial  
348 pressure (MAP) of Inactin-anesthetized T3-SCI rats was significantly lower than the MAP of  
349 age-matched surgical control animals (Table 3, Baseline;  $p < 0.05$ ). Following normalization for  
350 body weight, basal SMA blood flow in fasted 3 day T3-SCI rats was significantly lower than  
351 controls ( $2.2 \pm 0.2$  ml/min/100g body weight vs  $3.4 \pm 0.4$  ml/min/100g body weight,  
352 respectively;  $p < 0.05$ ). In the age matched cohort of animals tested at 3 weeks after surgery,  
353 normalized basal SMA flow was significantly lower in T3-SCI rats compared to controls ( $1.2 \pm$   
354  $0.2$  ml/min/100g body weight vs  $2.1 \pm 0.2$  ml/min/100g body weight, respectively;  $p < 0.05$ ).  
355 These results confirm that T3-SCI in the rat produces arterial vascular hypotension and  
356 hypoperfusion of the splanchnic vascular beds.

357

358 *Postprandial mesenteric arterial reflexes are reduced in T3-SCI rats*

359         Following duodenal infusion of a liquid mixed-nutrient meal (Ensure™, delivered at  
360 1ml/hr), T3-SCI rats fail to exhibit the increase in SMA blood flow that is demonstrated by  
361 control animals (Figure 3A). During 30 min and 60 min infusion of Ensure™ into the duodenum,  
362 the MAP remained significantly different between T3-SCI and control rats (Table 3;  $p < 0.05$ ),  
363 however, in both T3-SCI and control rats, duodenal infusion of Ensure™ did not significantly  
364 change MAP from pre-infusion baseline values (Table 3;  $p > 0.05$ ).

365         During the 60 minute intra-duodenal infusion of Ensure™, the peak blood flow within  
366 the SMA was significantly lower in 3 day T3-SCI rats following the nutrient challenge (Figure  
367 3B;  $p < 0.05$ ) compared to controls. This significant difference in peak blood flow persisted in

368 the rats tested 3 weeks after surgery ( $1.4 \pm 0.2$  ml/min/100g body weight vs.  $2.7 \pm$   
369  $0.2$  ml/min/100g body weight;  $p < 0.05$ ). Laser Doppler analysis of the local duodenal perfusion  
370 in the region of Ensure™ infusion demonstrated that the percent change in blood flow within the  
371 duodenal serosa of surgical control rats was significantly elevated from baseline in comparison  
372 to 3 day T3-SCI rats which did not increase during enteral feeding (Figure 3C;  $p < 0.05$ ). At 3  
373 weeks after surgery, there was no significant difference in serosal duodenal blood flow between  
374 control and T3-SCI rats ( $127 \pm 16\%$  vs.  $124 \pm 17\%$ , respectively;  $p > 0.05$ ).

375         These results indicate that T3-SCI in the rat diminishes the mesenteric vascular reflexes  
376 in response to feeding. Local enterically-mediated changes in duodenal blood flow are also  
377 diminished in these same animals during the acute (3 day) phase of injury, but local regulation of  
378 duodenal microcirculation returns in longer-term survival periods.

379

#### 380 *T3-SCI provokes gastrointestinal tissue necrosis and shortening of mucosal villi*

381         Upon removal of the GI tract from 3 day T3-SCI animals, it was qualitatively observed  
382 that GI mucosal tissue was compromised 3 days following injury compared to controls while  
383 mucosal integrity after 3 weeks was unremarkable (Figure 4). For example, sections of the GI  
384 tract were described as atrophic, with hemocult positive contents, and excised tissue was friable  
385 (data not shown). Extreme cases also included profound reduction in duodenal integrity and  
386 regions of the small intestine revealed necrosis of mucosa and submucosa, neutrophil and  
387 macrophage infiltration, and fibroplasia of serosa and submucosa. The duodenum at 3 days  
388 following T3-SCI revealed a significant reduction in average mucosal villous height and width  
389 (Table 4,  $p < 0.05$ ). The inflammatory score of randomly analyzed tissue segments was

390 significantly elevated in the duodenum of 3 day T3-SCI rats (Table 4,  $p < 0.05$ ), but not  
391 significantly different in 3 week T3-SCI rats (Table 4,  $p > 0.05$ ).

392         These data demonstrate a continuum of impaired GI tissue health immediately following  
393 T3-SCI. Taken together, our anatomical and histological data verify the profound severity  
394 produced by our surgical procedures for T3-SCI compared to surgical control animals.

395

#### 396 *T3-SCI increases upper GI expression of inflammatory markers*

397         To quantify upper GI inflammation, total RNA was isolated to analyze expression of  
398 inflammatory markers commonly linked with GI inflammatory processes (19).

399         In our experimental T3-SCI conditions, gastric *Ccl2* expression was not significantly  
400 different between T3-SCI and control (Figure 5A;  $p > 0.05$ ). Gastric expression of the chemokine  
401 *Ccl3* demonstrated a significant increase (Figure 5A;  $p < 0.05$ ) at 1 day and 3 days following T3-  
402 SCI. However, after 1-week *Ccl3* expression was not significantly different between T3-SCI and  
403 control (Figure 5A;  $p > 0.05$ ). The post-SCI expression of *Icam1* demonstrated a significant  
404 increase at 1 day and 3 days following T3-SCI that returned to stable levels within 1-week  
405 (Figure 5B;  $p < 0.05$ ).

406         Consistent with our histology findings, duodenal *Ccl2* expression was only significantly  
407 different between T3-SCI and control at 3 days after T3-SCI (Figure 6A;  $p < 0.05$ ). Duodenal  
408 expression of *Ccl3* demonstrated a significant increase in T3-SCI rats at 1-day after injury  
409 (Figure 6B;  $p < 0.05$ ). The significant differences between T3-SCI rats are interpreted to reflect  
410 that *Ccl3* returned to low levels beginning at 3 days onwards. The post-SCI expression of *Icam1*,  
411 however, demonstrated a significant increase at 1 day and 3 days following T3-SCI (Figure 6C;  $p$   
412  $< 0.05$ ) and returned to low levels by 1-week following T3-SCI. Both control and T3-SCI rats

413 had a significant increase in *Icam1* levels over the 3 days post-operatively. The principal findings  
414 of these data indicate that animals with T3-SCI demonstrate a significant short-term GI  
415 inflammatory response immediately following injury.

416

## 417 **Discussion**

418         The present experiments demonstrate that systemic cardiovascular derangements at 3  
419 days following a severe T3-SCI include reduced splanchnic vascular competence at rest and  
420 following duodenal infusion of a liquid mixed-nutrient meal designed to model clinical enteric  
421 supplementation. Specifically, these data indicate that: 1) the anticipated reduction in baseline  
422 mean arterial pressure is accompanied by significantly reduced basal blood flow rate through the  
423 SMA in rats 3 days after T3-SCI; 2) mean arterial pressure remains at baseline levels in response  
424 to enteral administration of a liquid mixed-nutrient meal in both control and T3-SCI rats; 3) T3-  
425 SCI rats have a significantly reduced post-prandial mesenteric response following a liquid  
426 mixed-nutrient meal; 4) T3-SCI induced a brief, but significant elevation in the gastric  
427 expression of inflammatory cytokine transcripts for *Icam1* and *Ccl3* (MIP-1 $\alpha$ ); and 5) duodenal  
428 expression of *Icam1* was most profoundly elevated after T3-SCI. The level of tissue loss at the  
429 lesion epicenter, coupled with the observed reduction in feeding and weight loss, is consistent  
430 with our previous findings in severe T3-SCI rats that demonstrated gastroparesis and delayed  
431 gastric emptying (44, 57, 60). These data lead us to propose that the clinically-recognized  
432 vascular reflex deficits in the SCI population may extend to the splanchnic vascular bed that  
433 irrigate the GI tissues as demonstrated in our experimental model of high thoracic SCI, though  
434 these deficits appear to be only during the early phase of injury. Furthermore, diminished

435 splanchnic perfusion following T3-SCI may trigger the low grade inflammation observed in GI  
436 tissues.

#### 437 *Systemic vascular compromise following T3-SCI*

438         A common consequence of SCI is systemic vascular dysfunction (42). Furthermore,  
439 human studies have shown that high-level (cervical) SCIs are accompanied by the most severe  
440 hypotension and bradycardia (15-17, 29). The sympathetic preganglionic neurons within the  
441 thoracic and lumbar spinal cord normally receive descending inputs, including that from the  
442 medullary cardiovascular centers. Interruption of these supraspinal fibers following SCI results  
443 in low resting systemic arterial BP, loss of ability to regulate arterial BP, low cardiac output, low  
444 venous return, and disturbed reflex control (30, 42). Our acute studies are in agreement with  
445 previous observations of a profound reduction in systemic arterial BP after experimental SCI (31,  
446 69). Our observation that arterial BP only partially recovers after 3 weeks is also in agreement  
447 with recent temporal studies demonstrating that arterial BP remains chronically suppressed  
448 following mid-thoracic spinal transection (69). Beyond the means by which injury was induced,  
449 several notable differences exist between our data and the above-mentioned study. The reduction  
450 in femoral arterial BP was qualitatively greater in our model than the aortic BP described from  
451 the previous report (69). While our studies were in thiobutabarbital-anesthetized rats, rather than  
452 telemetrically-implanted awake rats, this particular anesthetic has been reported to have no  
453 deleterious effects on cardiovascular function (7). Furthermore, our reduced femoral arterial BP  
454 during experimentation was similar to ranges previously reported in chronic SCI rats by Laird  
455 and colleagues (31). Therefore, we conclude that our observations are consistent with the post-  
456 SCI hypotension reported in the literature.

#### 457 *Visceral hemodynamics following T3-SCI*

458           It is estimated that upwards of 70% of blood volume resides within the venous  
459 circulation. Vascular stasis coupled with the absence of lower extremity muscle pumps and  
460 elevated venous flow resistance leads to venous pooling within extremities. The latter  
461 phenomena have been previously reported in experimental models of SCI and may contribute to  
462 mesenteric insufficiency (31). Our data demonstrated a reduction in basal blood flow within the  
463 SMA. The principal blood supply to the stomach and intestines arises from the gastric branch of  
464 the celiac trunk and superior and inferior mesenteric arteries and are collectively referred to as  
465 the splanchnic vascular bed. While only one vessel from this triad of splanchnic vessels was  
466 monitored, diminished perfusion throughout the splanchnic vascular bed was inferred for all T3-  
467 SCI rats.

468           Instances of chronic mesenteric hypoperfusion in atherosclerotic disease or acute  
469 mesenteric hypoperfusion following strenuous exercise often report the presentation of  
470 abdominal or intestinal angina and hemorrhage (54, 64). With regard to the elderly population,  
471 mesenteric stenosis occurs with increasing frequency over 65 years of age (21). Symptomatic  
472 presentations were noted to occur during the postprandial phase and underscore the ramifications  
473 of widespread insufficiency of splanchnic circulation. Our findings provide initial evidence that  
474 the mesentery of SCI subjects may be vulnerable to the pathologies associated with ischemic  
475 events.

476           The post-prandial dynamics of blood flow to the splanchnic organs in neurally-in tact  
477 animal models has been previously described (11, 58). Postprandial hyperemia in experimental  
478 animals subjects consists of a profound increase (ca. 200%) in regional GI blood flow in  
479 response to nutrients (35). This redistribution of blood flow is compensated by reflexive  
480 increase in cardiac output and a redistribution of flow from other tissues (11). In addition, there

481 is substantial evidence that postprandial hyperemia is locally mediated within the intestinal  
482 microvasculature through a complex and not completely understood interplay of local oxygen  
483 titers, adenosine levels, prostaglandins, sodium-induced hyperosmolarity and the degree of  
484 muscle deformation (39). Ultimately, these changes in microvasculature are under the influence  
485 of the hemodynamics of upstream mesenteric arteries. These larger caliber supply arteries and  
486 arterioles are under greater influence from extrinsic sympathetic sources (reviewed in (23). One  
487 important mechanism in postprandial hyperemia involves the release of GI peptides that have  
488 been demonstrated to exert a role in regulating postprandial hemodynamic demand through a  
489 centrally mediated reflex (49, 50). Specifically, intestinal cholecystokinin (CCK) and gastric  
490 leptin activate subdiaphragmatic vagal afferents that, ultimately, terminate in the nucleus tractus  
491 solitarius (NTS). In addition to the role of the NTS toward the modulation of gastric-projecting  
492 preganglionic motoneurons in the vagal dorsal motor nucleus (DMN; (46), CCK-sensitive  
493 afferents terminate upon a subpopulation of NTS neurons that directly project to select  
494 cardiovascular neurons in the rostral ventrolateral medulla (RVLM). Under normal conditions,  
495 activation of these RVLM neurons provokes an elevation of systemic sympathetic drive and  
496 vasoconstriction within skeletal muscle. Simultaneous input by NTS neurons that project to  
497 caudal ventrolateral medulla (CVLM) provokes a reduction in splanchnic sympathetic tone  
498 resulting in vasodilation within the mesentery (51). Presympathetic vasomotor projections from  
499 both the RVLM and CVLM descend through the spinal cord and are disrupted by T3-SCI. With  
500 particular emphasis on the rat, the segmental distribution of identified cardiovascular  
501 sympathetic preganglionic neurons begins principally at the second spinal thoracic segment and  
502 progresses caudally (18). Evidence from these experiments as well as that gathered from Doppler



503 blood flow studies of the liver (65) suggests that visceral arterial blood flow is significantly  
504 diminished in rats with acute (24-76h) SCI located at, or above mid thoracic (T5) spinal cord.

#### 505 *Inflammation in visceral organs following T3-SCI*

506 While the GI mucosa is a richly perfused vascular bed in health, it is directly juxtaposed  
507 with the anaerobic and nonsterile lumen of the gut. As such, intestinal epithelial cells that line the  
508 mucosa experience a uniquely steep physiologic oxygen gradient in comparison with other cells  
509 of the body. Thus, the intestine is one of the most sensitive tissues to hypoxic insult and even  
510 brief periods of GI hypoxia induce the production of inflammatory mediators and dysmotility.  
511 Furthermore, there is evidence that hypoxia may be more deleterious to cells than complete  
512 anoxia (13). Experimental *in vitro* studies in which mitochondrial or glycolytic metabolism has  
513 been disrupted pharmacologically (thereby depleting ATP) have shown that minor reduction in  
514 ATP maintained for 12-24 hours is sufficient to induce epithelial monolayer dysfunction (63) .  
515 From a clinical standpoint, visceral hypoperfusion in the intensive-care patient leads to hypoxia  
516 and initiates an inflammatory cascade with consequent end-organ dysfunction and cervical SCI  
517 patients are, indeed, susceptible to multiple organ dysfunction (55). Based upon these  
518 observations, the dysregulation of mesenteric blood flow in acutely-injured T3-SCI rats suggests  
519 that arterial hypotension consequently diminishes mesenteric blood flow necessary to meet  
520 mucosal demands at rest and during digestion. We hypothesized that our observed GI  
521 hypoperfusion may be an underlying pathology leading to gastric dysfunction through the  
522 generalized mechanism of reduction in energy homeostasis and the initiation of cell damage,  
523 destruction, and death due to ischemia (40, 59). Furthermore, it is recognized that ischemia  
524 initiates an inflammatory cascade (73). However, caution must be exercised when extrapolating  
525 the data from ischemia/reperfusion models and our model of T3-SCI. The acute period of high-  
526 level SCI presents severe hypotension requiring vasopressor therapy (reviewed in (66). It is

527 unclear, however, whether this period of so-called “neurogenic shock” produces a level, and  
528 duration, of mesenteric hypoperfusion that is comparable to the approximate 90% reduction of  
529 flow seen after SMA occlusion.

530 The reperfusion of ischemic tissues involves a known, biochemically mediated event  
531 involving the increased expression of adhesion molecules and chemokines (41). Beginning with  
532 early mast cell degranulation and histamine release (8, 27), the up-regulation of adhesion  
533 molecules and chemokines forms the early line of defense in the intestinal mucosa and leads to  
534 an inflammatory pathway which promotes neurotoxicity, leukocyte (including lymphocytes,  
535 neutrophils, and monocytes), macrophage, and astrocyte recruitment (36), endothelial damage,  
536 hypoperfusion, and apoptosis (5, 59, 73). Utilizing our model of acute T3-SCI in rats, we  
537 demonstrated the effects of T3-SCI upon *Icam1*, *Ccl2* and *Ccl3* expression within the upper -GI  
538 tract which suggests the initiation of a low grade inflammatory cascade following T3-SCI.

#### 539 *Implications of gastrointestinal vascular dysregulation*

540 It is generally recognized that the intestinal tract is acutely sensitive to traumatic events  
541 (1). The relationship of properly regulated GI blood flow with patient morbidity or mortality is  
542 well recognized in many instances of advanced aging, trauma and critical illness (9, 34, 72). The  
543 implications of severely diminished blood flow to the GI tract following SCI are likely to mirror  
544 some aspects of these other clinical situations. Other models have shown that ischemic GI tissue  
545 reacts by releasing lactate as the mucosal-arterial pCO<sub>2</sub> gradient increases indicating the  
546 initiation of anaerobic metabolism in the gut (26) and recruitment of pro-inflammatory cytokines  
547 and inflammatory markers. Therefore, if post-SCI hypoperfusion leads to ischemia, tissue  
548 damage and necrosis are likely to occur whereby the walls of the GI tract may become  
549 permeable, allowing bacteria to proliferate and translocate through the gut wall and into lymph

550 nodes and blood vessels (6, 32). With inadequate splanchnic perfusion, multiple organ failure  
551 and death may ensue (25). The development of episodic hypertension, a phenomenon associated  
552 with massive sympathetic discharge that is triggered by noxious visceral or sensory stimuli  
553 below the injury level (commonly referred to as autonomic dysreflexia, (24), may also provoke  
554 periods of GI hypoxia due to hyperreactivity of the mesenteric bed (47). While the mechanism  
555 remains incompletely understood, the impaired GI blood flow we have observed and mesenteric  
556 hyperreactivity as is likely to occur during autonomic dysreflexia may contribute to the chronic  
557 gastrointestinal dysfunction experienced by individuals with SCI (3, 12, 14, 37, 53, 56, 70).

### 558 *Conclusion*

559         Our novel data reveal that basal mesenteric blood flow is markedly diminished following  
560 a severe spinal cord injury at spinal T3. Furthermore, postprandial splanchnic vascular reflexes  
561 are blunted following experimental T3-SCI. We propose that changes in nutrient-vascular  
562 relationships may render the post-SCI gut susceptible to episodic ischemic and inflammatory  
563 events. Based upon clinical reports, we further propose that these changes in nutrient-vascular  
564 relationships may last for weeks after the original SCI and that these co-morbidities may  
565 contribute to the GI dysfunction observed in the SCI population.

566 **Acknowledgements**

567 Portions of this data were previously published in abstract form and presented at the National  
568 Neurotrauma Society Annual Meetings. Emily Besecker gratefully acknowledges the  
569 encouragement and constructive comments of the judges for the National Neurotrauma Society  
570 student competition. Dr. Sean Stocker provided guidance for performing and analyzing femoral  
571 MAP recording. Margaret McLean assisted with animal care, data entry and analysis in Excel.  
572 Preliminary protocols and data supporting this experimental protocol were generated by Emily  
573 Qualls-Creekmore at the Pennington Biomedical Research Center, Louisiana State University.

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577 **Grant Support**

578 This work was supported by NIH/NINDS R01NS049177 (G.M. Holmes) and NIH/NINDS  
579 F31NS087834 (E.M. Swartz). Training Fellowship support for N. Pironi provided by American  
580 Heart Association (12UEFL1008000, S.D. Stocker).

581 **Author Disclosure Statement**

582 No competing financial interests exist for any of the authors.

583 **Author Contributions**

584 EMB and GMH designed the study; EMB, NP and GMH and performed *in vivo* studies; GMD  
585 performed qRT-PCR and analysis; TKC scored histological specimens. EMB & GMH drafted  
586 and revised the manuscript with input from all authors.

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- 792

793 **Figure 1.**

794 A. Luxol-stained white matter from T3 spinal cords of control, 3 day postoperative (*middle*) and  
795 3 weeks post operative (*right*) rats (scale bar = 1mm).

796 B. Graphic summary of the percent sparing of white matter at the lesion epicenter of control, 3  
797 day or 3 week rats following a 300-kdyne contusion SCI (\*  $p < 0.05$  vs. age-matched controls; †  
798  $p < 0.05$  vs. 3 day T3-SCI).

799

800 **Figure 2. Post-operative body weight and food intake are significantly lower in T3-SCI**  
801 **animals.**

802 Compared to age-matched control animals, the post-operative body weight (expressed as percent  
803 of pre-operative weight) is significantly lower following T3-SCI for the duration of the  
804 experiment (A). The mean energy intake is significantly reduced following T3-SCI for the first  
805 two weeks when compared to their age-matched cohort (B). For all measures \*  $p < 0.05$  vs. age-  
806 matched control.

807

808 **Figure 3. Post-prandial hyperemia is significantly lower in T3-SCI animals.**

809 Representative traces (A) illustrating the normal post-prandial hyperemia from a 3 day control  
810 rat (top trace) while post-prandial SMA blood flow from 3 day T3-SCI rats (second trace) did not  
811 demonstrate a response to duodenal perfusion of a mixed-nutrient meal (Ensure™; infusion of  
812 rate was 1ml/hr). This disruption of postprandial response continued through 3 weeks following  
813 T3-SCI. Arrows depict the initiation of Ensure™ administration for each representative subject.  
814 (B) The peak volume of SMA blood flow reached during the intra-duodenal infusion period was  
815 also significantly reduced in 3 day and 3 week T3-SCI rats. (C) Local tissue perfusion was  
816 measured by Laser Doppler Flow of the duodenal serosa. Compared to controls , the percent  
817 change in Doppler signal vs. baseline flow was significantly lower only in 3 day T3-SCI rats.

818 Values expressed as mean  $\pm$  SEM; \*  $P < 0.05$  vs. control.

819 **Figure 4. Representative images of H&E-stained duodenal sections after T3-SCI or control**  
820 **surgery.**

821 T3-SCI provokes altered mucosal architecture as evidenced by blunting of intestinal villi at 3  
822 days following T3-SCI when compared to surgical control animals. After 3 weeks, the height and  
823 width of intestinal villi was similar for both T3-SCI and control animals. (X100, scale bar 200  
824  $\mu\text{m}$ ).

825

826 **Figure 5. Expression levels of gastric inflammatory markers mRNA after T3-SCI.**

827 A) Gastric *Ccl2* (MCP-1) mRNA expression was not significantly altered in T3-SCI rats. B)  
828 Gastric *Ccl3* (MIP-1 $\alpha$ ) mRNA expression demonstrated a significant (between-groups) elevation  
829 in T3-SCI rats at 1 day and 3 days compared to control animals matched for the same post-  
830 operative time point (denoted by lowercase a). C) Gastric *Icam1* mRNA expression was  
831 significantly elevated in T3-SCI rats at 1 day and 3 days compared to control animals matched  
832 for the same post-operative time point. Levels of *Ccl3* and *Icam1* returned to baseline by 1 week  
833 post-injury.  $P < 0.05$ , based on ANOVA, followed by Tukey *post hoc* test. (values expressed as  
834 mean  $\pm$  SEM).

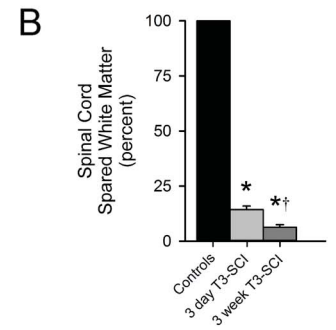
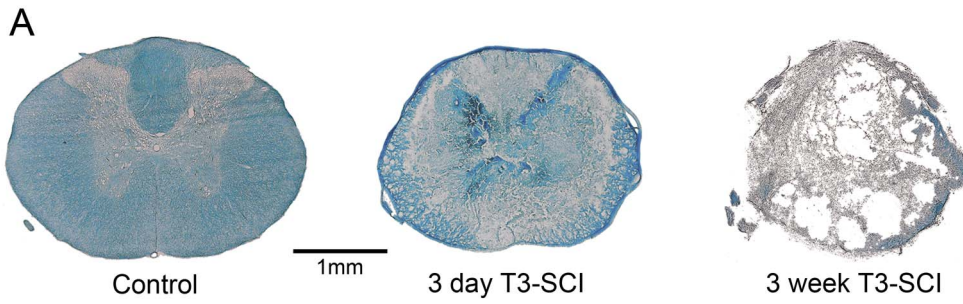
835

836 **Figure 6. Expression levels of duodenal inflammatory marker mRNA after T3-SCI .**

837 A) Duodenal *Ccl2* (MCP-1) mRNA expression demonstrated a significant elevation in T3-SCI  
838 rats only at the 3 day post-operative time point compared to control animals. B) The expression  
839 of duodenal *Ccl3* (MIP-1 $\alpha$ ) mRNA demonstrated a significant elevation in T3-SCI rats only at 1  
840 day post-injury compared to control animals matched for the same post-operative time point.  
841 Expression levels for T3-SCI returned to baseline by 3 days post-op. C) duodenal *Icam1* mRNA  
842 expression demonstrated a significant elevation in T3-SCI rats at 1 day post-injury and  
843 continuing through 3 days post-injury compared to control animals at the same post-operative  
844 time point. The peak response for T3-SCI rats occurred in 3 day survival rats. Levels of *Ccl2*,  
845 *Ccl3* and *Icam1* returned to baseline within 1 week post-injury..  $P < 0.05$ , based on ANOVA,  
846 followed by Tukey *post hoc* test. (values expressed as mean  $\pm$  SEM).

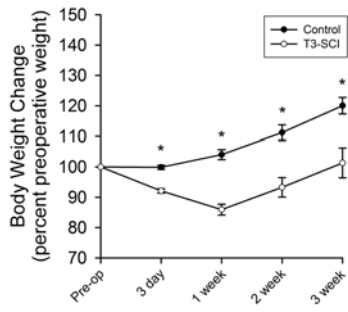
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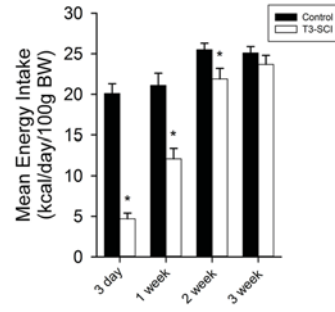


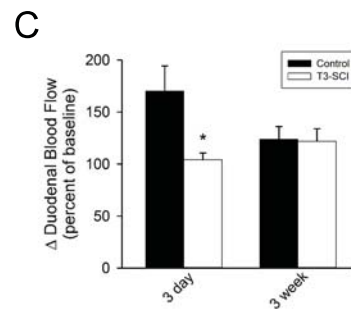
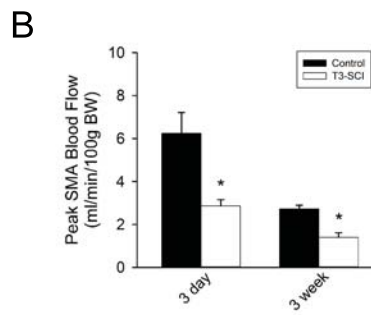
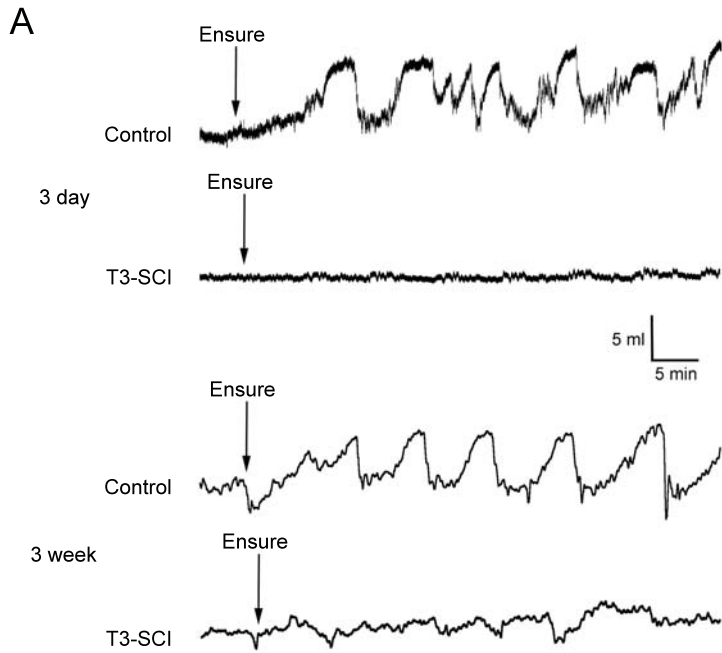


**A**



**B**

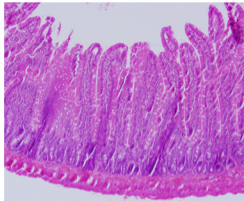
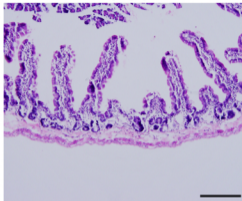




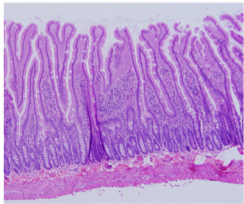
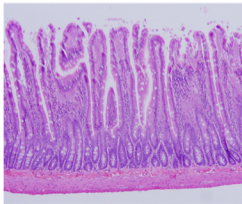
T3-SCI

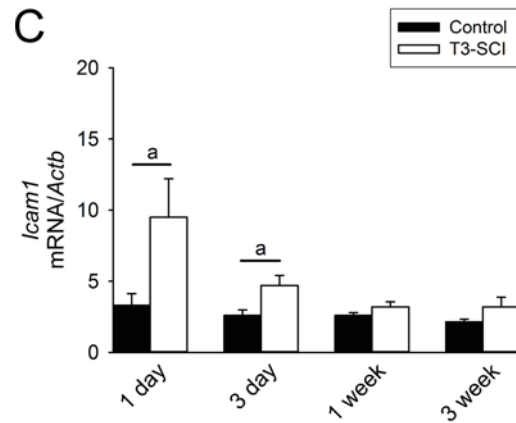
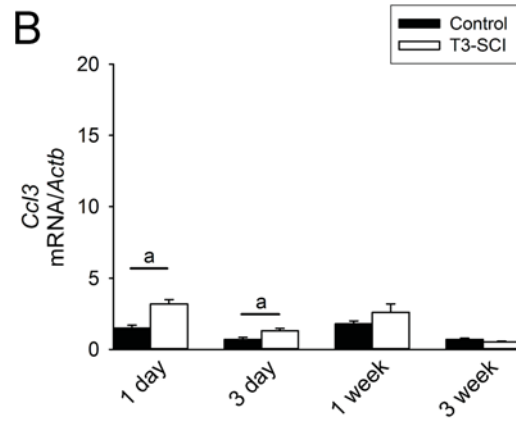
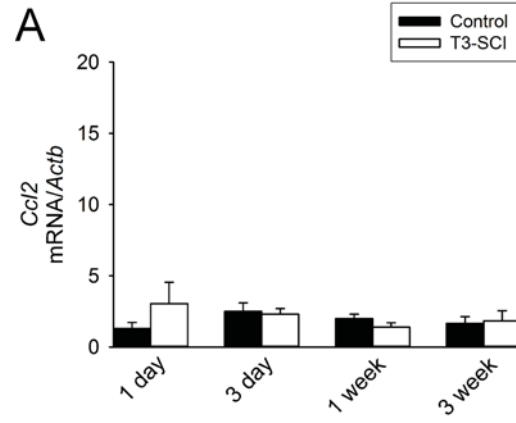
Control

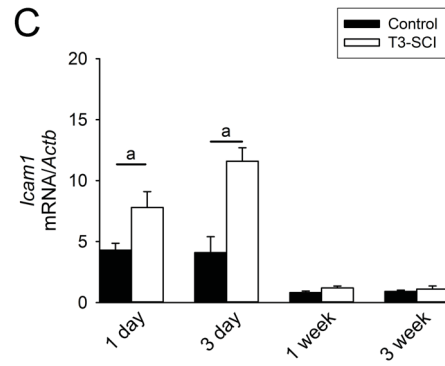
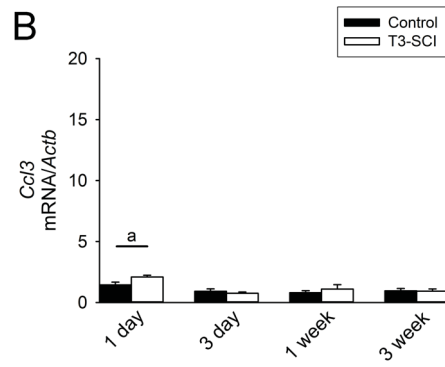
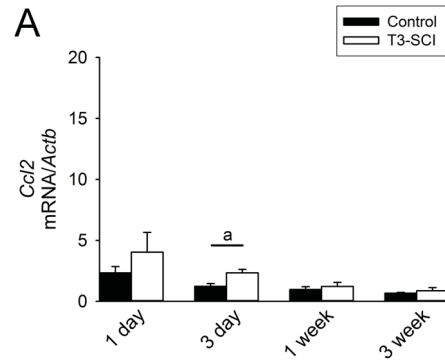
3 day



3 week







1 **Table 1**

2

Semi-quantitative measurements of inflammation scoring for gastrointestinal tissue <sub>3</sub>		
Grade	Description	4
<b>Grade 0:</b>	No change from normal tissue	5
<b>Grade 1:</b>	One or a few multifocal mononuclear cell infiltrates in the lamina propria	6 7
<b>Grade 2:</b>	Lesions involve more of the intestine than grade 1 lesions, and/or are more frequent. Typical changes include several multifocal, mild inflammatory cell infiltrates in the lamina propria composed primarily of mononuclear cells with a few neutrophils. Inflammation rarely involves the submucosa	8 9 10
<b>Grade 3:</b>	Lesions involve a large area of the mucosa or are more frequent than grade 2 lesions. Inflammation is moderate and involves the submucosa but is not transmural. Inflammatory cells are a mixture of mononuclear cells as well as neutrophils, and crypt abscesses are sometimes observed. Small epithelial erosions are occasionally present.	
<b>Grade 4:</b>	Lesions involve most of the intestinal section and are more severe than grade 3 lesions. Inflammation is severe, including mononuclear cells and neutrophils, and can be transmural. Crypt abscesses and ulcers are present.	

1 **Table 2**

Forward and reverse primer sequences for quantitative real time PCR (qRT-PCR)

Gene	Forward Primer	Reverse Primer
<i>Ccl2</i> (MCP-1)	5'-TCTCTGTCACGCTTCTGGGCCT-3'	5'-TAGCAGCAGGTGAGTGGGGCA-3'
<i>Ccl3</i> (MIP-1 $\alpha$ )	5'-TGACACCCCGACTGCCTGCT-3'	5'-TGACACCCGGCTGGGACCAA-3'
<i>Icam1</i>	5'-TGCCAGCCCGGAGGATCACA-3'	5'-CGGGAGCTAAAGGCACGGCA-3'

2

1 **Table 3**

Mean arterial pressure (mmHg) is not altered by Ensure™ infusion in 3 day T3-SCI, 3 day surgical controls, 3 week T3-SCI and 3 week controls.

	Baseline	30 min infusion	60 min infusion
3 day Control	112.9 ± 4.3	109.2 ± 2.4	105.2 ± 5.0
3 day T3-SCI	74.8 ± 4.9*	69.9 ± 5.7*	65.9 ± 7.0*
3 week Control	127.5 ± 6.1	122.0 ± 4.5	112.8 ± 3.2
3 week T3-SCI	90.2 ± 3.4**	90.8 ± 4.2**	88.6 ± 3.2**

2

3 Values presented as mean ± SEM. \* $P < 0.05$  vs 3 day control. \*\* $P < 0.05$  vs 3 week control



1 **Table 4**

T3-SCI provokes an inflammatory response and blunting of mucosal villi in duodenal tissue at 3 days after injury (\* $p < 0.05$  vs. control).

		<u>Experimental Groups</u>	
		Control	T3-SCI
3 day	Average inflammatory score	0.4 ± 0.2	0.9 ± 0.1 *
	Average villus height (µm)	435 ± 24	341 ± 11 *
	Average villus width (µm)	122 ± 4	102 ± 2 *
	Average crypt depth (µm)	149 ± 6	147 ± 10
	Average crypt width (µm)	52 ± 2	52 ± 2
	Villus:crypt ratio	3 ± 0.1	2 ± 0.2
	Villus height:width ratio	4 ± 0.2	3 ± 0.2
		Control	T3-SCI
3 week	Average inflammatory score	1.75 ± 0.9	1.75 ± 0.1
	Average villus height (µm)	513 ± 12	491 ± 23
	Average villus width (µm)	121 ± 4	113 ± 4
	Average crypt depth (µm)	178 ± 8	201 ± 8
	Average crypt width (µm)	48 ± 1	44 ± 1
	Villus:crypt ratio	3 ± 0.1	2 ± 0.1
	Villus height:width ratio	4 ± 0.2	4 ± 0.1

2

3

4