



The Mercury
The Student Art &
Literary Magazine
of Gettysburg
College

Volume 2023

Article 2

May 2023

The First Poem I've Written in 7 Months

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Recommended Citation

Crowley, Hannah () "The First Poem I've Written in 7 Months," *The Mercury*: Year 2023, Article 2.
Available at: <https://cupola.gettysburg.edu/mercury/vol2023/iss1/2>

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The First Poem I've Written in 7 Months

Author Bio

Hannah Crowley is a Junior at Gettysburg College studying English with a Writing Concentration and Classics. Reading and writing are her favorite hobbies and a way for her to connect with others. She hopes to work in publishing and one day be able to share her own novels with the world.

The First Poem I've Written in 7 Months

HANNAH CROWLEY

I have been beautifully frozen for the past seven months.
Lying still and silent,
No longer tossing and turning.
But I am not cold.
My bones and flesh are not solid,
There is no frost on the tip of my nose,
And the wind still runs through my hair.

When people describe love, it is full of heat, speed,
And burning.
There's the desire to run through a field
Or dance in a storm.
But they hardly mention the stillness and freezing.

Never in my life has my mind felt so calm,
So at peace.
It's created a tunnel vision, caressing my brain
And soothing my thoughts to drown out my ever present
Preoccupation with time and self-doubt.
Never in my life has my heartbeat slowed so,
turning my racing blood to the languid flow of a river,
An antidote through my veins.
Never in my life have I been so compelled to just be.
Not to plan or achieve or impress,
But exist in my skin and my heart for the first time.

Never in my life have I been so peacefully,
Beautifully, gratefully frozen.