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## Breaking the Surface: REWOUND

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# Breaking the Surface: REWOUND

**Keywords**

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**Author Bio**

Danny Strein is a current sophomore at Gettysburg College. His family is very important to him and has two older sisters and a dog. He is on both the cross-country and track and field teams and is double majoring in English and Psychology with a minor in Writing. He is a New York native and attended Archbishop Molloy High School.

Breaking the Surface: REWOUND

.....breathe.....  
.....think.....  
.....relax.....  
.....hear applause.....  
.....break the surface.....  
.....like no one's watching....  
...cooling calming clearing...  
.....water flows.....  
.....splash.....  
.....toes pointed.....  
.....knees straight.....  
.....chin tucked.....  
.....hands clasped.....  
.....pull out.....  
.....sight landmark.....  
.....slowly.....  
.....turning over.....  
.....seems like forever.....  
.....grab ankles.....  
.....gain momentum.....  
.....throw arms down.....  
.....soar.....  
.....fly.....  
.....launch.....  
.....land.....  
.....feet together.....  
.....spring.....  
.....board gives.....  
.....right foot pushes.....  
left.....  
.....right  
.....get it done quickly.....  
.....time to go.....  
..what did I get myself into..  
..shaking sweating twitching..  
.....all eyes watching.....  
.....oh so nervous.....  
.....hard to think.....  
.....can't breathe.....